Massachusetts Association for Occupational Therapy
Special Interest Group (SIG)
Spring Conference 2018

Saturday, March 10th
Worcester State University

Registration begins 7:30 a.m.
Sessions: 8:15 a.m. through 1:00 p.m.
Maximum 4 Contact Hours

Please register online at www.maot.org
Conference Objectives:
This half-day symposium is designed to provide an opportunity to explore specific dimensions of occupational therapy practice and professional development. Educational sessions will focus on client/family-centered occupation-based practice, evidence-based practice, and contemporary knowledge and skills for OT intervention in the areas of disaster preparedness, community practice, pediatrics, rehabilitation, health promotion, and advocacy.

Learning Objectives:
Through participation in this conference participants will be able to:

- Acknowledge and identify innovative practice techniques and research findings pertinent to specific practice areas
- Describe current approaches to promoting health and wellness within OT practice
- Network with colleagues

Acknowledgments
Conference Chairs:
Elizabeth Stevens-Nafai, OT, MS, OTR
Karen Hefler, OT, OTR

Confirmation & Cancellation:
Registrants are welcome to confirm their registration or obtain additional information by contacting MAOT at (781) 647-5556, info@maot.org or visit the web site at www.maot.org.

Fees are refundable only if notification of cancellation is received two weeks prior to the conference. There will be a $25.00 charge for a returned check.

Continuing Education Accessibility Policy:
MAOT is committed to providing equal access and reasonable accommodations for all participants in this continuing education offering in accordance with the ADA. Please indicate your need for ADA accommodations on the registration form and contact MAOT at least two weeks before the conference so that arrangements can be made.

SAVE THE DATE
MAOT Annual 2018 Conference
October 26th
Four Points by Sheraton Norwood
For additional information www.maot.org
7:30 a.m. – 8:15 a.m.  
Registration and Exhibits  

8:15 a.m. – 9:15 a.m.  
Keynote: Town Hall  
Meeting/Strategic Planning  

Presenters: MAOT Executive Board  

Strategic Planning Session  

Learning Objectives: At the end of this presentation, participants will be able to:  

1. Connect with MAOT to build community with occupational therapy practitioners, academicians, students, consumers, and related groups.  
2. Assist MAOT to promote advocacy and linkages between research, education, practice, and policy.  
3. Assist MAOT to build resources by increasing organizational outputs and outcomes through workforce enhancements and strengthened fiscal stability of MAOT.  

Educational Level of Presentation: Introductory  

Presentation Sessions  

SESSION A  
9:30 a.m. – 11:00 a.m.  

Session IA:  
Sexuality as an ADL  

Presenter: Kate Burke, OT, OTR;  
Occupational Therapist and Clinical Resource, Southeast Rehabilitation  

Sexuality is considered an ADL in the Occupational Therapy Framework: Domain and Process, however it is infrequently addressed by occupational therapists and occupational therapy assistants. This presentation seeks to help participants understand how and why to address sexuality in daily living.  

Learning Objectives: At the end of this presentation, participants will be able to:  

1. Identify standardized assessment tools that can be used to approach, assess and address sexuality in OT practice.  
2. Identify strategies for addressing impaired sexual expression.  
3. Identify when a referral to another medical profession is indicated.  

Educational Level of Presentation: Introductory  

Like us on Facebook at “Massachusetts Association for Occupational Therapy (MAOT)”
Session IIA:

**Teacher Collaboration: Defining Our Role, Refining Our Practice**

**Presenters:** Carolyn Hatje, OT, MS, OTR; Sara Subach, OT, MS, OTR; Jacqueline Arnaudo, OT, MS, OTR; Anastasia Garruss, OT, MS, OTR; Amanda Caramanica, OT, OTR; Newton Public Schools

This presentation will focus on the role of OT as a related service in public schools. We will define the legal mandates in special education, the role of student participation and curriculum access as a factor in determining the need for OT service, and share examples of how to collaborate with teachers and embed early intervening services for kindergarten classrooms. This will be a group presentation with time for a panel discussion with the participants.

**Learning Objectives:** At the end of this presentation, participants will be able to:
1. Describe OT practice as a related service under state and federal laws.
2. Frame OT practice with a focus on student access to curriculum and participation in school.
3. Develop strategies for consistent and effective collaboration with teachers.
4. Identify strategies to embed OT services within a kindergarten program to educate and empower kindergarten teachers on how they can help their students with fine motor and handwriting development without direct service OT.

**Educational Level of Presentation:** Introductory, Intermediate

Session IIIA:

**Triaging Strategies in the Acute Care Setting**

**Presenter:** Helena Diodati, OT, MS, OTR; Kim Cortina, OT, OTR; Natasha Frazier, OT, OTR; Emily Firn, OT, OTR; Madeline Williamson, OT, OTR; Lynn McConnachie, OT, OTR; Massachusetts General Hospital, Inpatient acute care

Occupational therapy practitioners strive to provide the highest quality healthcare to their patients, regardless of setting. There are often multiple barriers to providing optimal care, such as medical complications and insurance restrictions. In the acute care setting, occupational therapy practitioners have the task of meeting the needs of a wide range of patient populations while also managing barriers such as length of stay, patient volume, medical acuity, scheduling around tests, varying staff experience and socioeconomic barriers. This presentation provides an in-depth guideline for triaging patients in the hospital environment to ensure the right patients are seen at the right time.

**Learning Objectives:** At the end of this presentation, participants will be able to:
1. Understand complexities involved in prioritizing a wide variety of patients in the acute care setting.
2. Develop awareness of effective protocols to triage patients in a timely and standardized way.
3. Identify effective strategies to optimize and carryover protocols.

**Educational Level of Presentation:** Introductory

11:00 a.m. – 11:30 a.m.
Exhibits
SESSION B

11:30 – 1:00

Session IB:

Become a Dementia Friend

Presenter: Daria Rabkin, OT, MS, OTR, CDP; Brightview Concord River; Mike Belleville, Dementia Friends Champion

Dementia Friends is a global movement that is changing the way people think, act, and talk about dementia. Developed by the Alzheimer’s Society in the United Kingdom, the Dementia Friends Initiative is underway in Massachusetts. By helping everyone in a community understand what dementia is and how it affects people, each of us can make a difference for people touched by dementia. To become a Dementia Friend, you participate in a one-hour Dementia Friends Information Session offered by a Dementia Friends Champion. You will learn five key messages about dementia and a bit about what it’s like to live with dementia. As a Dementia Friend, you turn your new understanding of dementia into a practical action that can help someone with dementia living in your community.

Learning Objectives: At the end of this presentation, participants will:

1. State the relationship between Alzheimer’s disease and dementia.
2. Understand that Alzheimer’s disease is not a normal part of aging.
3. State at least two symptoms of dementia.
4. Understand that it is possible to live well with dementia.

Educational Level of Presentation: Introductory

Session IIB:

Sensory Strategies for the Clinic, Home and Community

Presenters: Alison Bean, OT/s, BS; Katie Dabdoub, OT/s, MPA; Morgan Henry, OT/s, BS, RBT; MGH Institute of Health Professions; Heather Devine, OT, OTR, Italian Home for Children; Andrea Fairman, OT, PHD, OTR, CPRP, MGH Institute of Health Professions

This presentation will share research outcomes that explore ways occupational therapy practitioners can teach about and use sensory-based strategies in multiple settings to promote self-regulation and produce functional outcomes. This presentation is designed to provide occupational therapy practitioners with evidenced based information regarding effective methods to teach others about sensory strategy implementation and if using a multisensory environment before structured activities could promote self-regulation and occupational performance.

Learning Objectives: At the end of this presentation, participants will be able to:

1. Understand how sensory processing disorders may impact function and identify therapeutic approaches which may be described as using a sensorimotor (sensory motor) approach.
2. Identify potential sensorimotor interventions to use in multiple settings which may improve behavior, promote self-regulation, and function across the lifespan.
3. Describe the most effective methods to teach caregivers, students, and staff sensory strategies to support individuals with sensory needs.

Educational Level of Presentation: Intermediate
Session IIIB:

Restorative Strategies: Improve Client Outcomes, Decrease Practitioner Burnout

**Presenter:** Lynn Festa OT, OTR, CHT, CDWF; Owner, Health Professional Coaching, LLC

This workshop will use the foundational principles of Occupational Therapy to demonstrate how a therapeutic relationship using a holistic strength-based approach can lead to improved client outcomes and clinician satisfaction and performance. This will be an interactive workshop, with evidence-based tools and strategies, and is geared towards occupational therapy practitioners looking to re-energize themselves as clinicians, handle difficult patients, and better manage the stress that comes with today’s healthcare environment.

**Learning Objectives:** At the end of this presentation, participants will be able to:
1. Discuss the latest evidence-based studies from the field of positive psychology and their relevance to optimizing patient outcomes.
2. Define the attributes of empathy and compassion and their application to therapeutic relationships with clients in the OT setting.
3. Understand how to apply evidence-based tools and strategies designed to improve clinician wellbeing at work and beyond.

**Educational Level of Presentation:**
Student, Introductory, Intermediate

**SIG Spring Conference 2018 Exhibitors**

LPA Medical, Inc.

MassMATCH

Perkins Library

**Registration fees:**

OT or OTA
MAOT Member $85.00
Nonmember: $100.00

Students
Student MAOT member: $55.00
Student nonmember: $70.00

Register at [www.maot.org](http://www.maot.org) or call 781 647 5556

Remember to turn in your Contact Hour Sheet after Session B with the appropriate stamps and information. Contact Hour Certificates will be emailed out in approximately 30 days