

**Massachusetts Association for
Occupational Therapy
Special Interest Group (SIG)
Spring Conference 2018**



**Saturday, March 10th
Worcester State University**

**Registration begins 7:30 a.m.
Sessions: 8:15 a.m. through 1:00 p.m.
Maximum 4 Contact Hours
Please register online at www.maot.org**

Conference Objectives:

This half-day symposium is designed to provide an opportunity to explore specific dimensions of occupational therapy practice and professional development. Educational sessions will focus on client/family-centered occupation-based practice, evidence-based practice, and contemporary knowledge and skills for OT intervention in the areas of disaster preparedness, community practice, pediatrics, rehabilitation, health promotion, and advocacy.

Learning Objectives:

Through participation in this conference participants will be able to:

- Acknowledge and identify innovative practice techniques and research findings pertinent to specific practice areas
- Describe current approaches to promoting health and wellness within OT practice
- Network with colleagues

Acknowledgments**Conference Chairs:**

Elizabeth Stevens-Nafai, OT, MS, OTR
Karen Hefler, OT, OTR

Contact Hours

Conference attendees/learners will be eligible for a total of 4 contact hours based on attainment of learning objectives. The learner is responsible for completing and signing his/her assessment of attained learning objectives on the contact hour tracking form and obtaining the convener's signature and/or stamp at the conclusion of each session. This tracking form will be included in each learner's conference packet and must be turned in at the registration desk prior to exiting the conference. Official record of contact hours will be kept on file at the MAOT office and an official verification certificate will be emailed to the participant within 30 days of the conference.

Confirmation & Cancellation:

Registrants are welcome to confirm their registration or obtain additional information by contacting MAOT at (781) 647-5556, info@maot.org or visit the web site at www.maot.org.

Fees are refundable only if notification of cancellation is received two weeks prior to the conference. There will be a \$ 25.00 charge for a returned check.

Continuing Education Accessibility Policy:

MAOT is committed to providing equal access and reasonable accommodations for all participants in this continuing education offering in accordance with the ADA. Please indicate your need for ADA accommodations on the registration form and contact MAOT at least two weeks before the conference so that arrangements can be made.

***SAVE THE DATE
MAOT Annual
2018 Conference
October 26th
Four Points by
Sheraton Norwood
For additional
information
www.maot.org***

7:30 a.m. – 8:15 a.m.
Registration and Exhibits

8:15 a.m. – 9:15 a.m.
Keynote: Town Hall
Meeting/Strategic Planning

Presenters: MAOT Executive Board

Strategic Planning Session

Learning Objectives: At the end of this presentation, participants will be able to:

1. Connect with MAOT to build community with occupational therapy practitioners, academicians, students, consumers, and related groups.
2. Assist MAOT to promote advocacy and linkages between research, education, practice, and policy.
3. Assist MAOT to build resources by increasing organizational outputs and outcomes through workforce enhancements and strengthened fiscal stability of MAOT.

Educational Level of Presentation:
Introductory

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Association for
Occupational Therapy
(MAOT)”**

Presentation Sessions

SESSION A
9:30 a.m. – 11:00 a.m.

Session IA:
Sexuality as an ADL

Presenter: Kate Burke, OT, OTR;
Occupational Therapist and Clinical
Resource, Southeast Rehabilitation

Sexuality is considered an ADL in the Occupational Therapy Framework: Domain and Process, however it is infrequently addressed by occupational therapists and occupational therapy assistants. This presentation seeks to help participants understand how and why to address sexuality in daily living.

Learning Objectives: At the end of this presentation, participants will be able to:

1. Identify standardized assessment tools that can be used to approach, assess and address sexuality in OT practice.
2. Identify strategies for addressing impaired sexual expression.
3. Identify when a referral to another medical profession is indicated.

Educational Level of Presentation:
Introductory

Session IIA:

Teacher Collaboration: Defining Our Role, Refining Our Practice

Presenters: Carolyn Hatje, OT, MS, OTR; Sara Subach, OT, MS, OTR; Jacqueline Arnaudo, OT, MS, OTR; Anastasia Garruss, OT, MS, OTR; Amanda Caramanica, OT, OTR; Newton Public Schools

This presentation will focus on the role of OT as a related service in public schools. We will define the legal mandates in special education, the role of student participation and curriculum access as a factor in determining the need for OT service, and share examples of how to collaborate with teachers and embed early intervening services for kindergarten classrooms. This will be a group presentation with time for a panel discussion with the participants.

Learning Objectives: At the end of this presentation, participants will be able to:

1. Describe OT practice as a related service under state and federal laws.
2. Frame OT practice with a focus on student access to curriculum and participation in school.
3. Develop strategies for consistent and effective collaboration with teachers.
4. Identify strategies to embed OT services within a kindergarten program to educate and empower kindergarten teachers on how they can help their students with fine motor and handwriting development without direct service OT.

Educational Level of Presentation:
Introductory, Intermediate

Session IIIA:

Triaging Strategies in the Acute Care Setting

Presenter: Helena Diodati, OT, MS, OTR; Kim Cortina, OT, OTR; Natasha Frazier, OT, OTR; Emily Finn, OT, OTR; Madeline Williamson, OT, OTR; Lynn McConnachie, OT, OTR: Massachusetts General Hospital, Inpatient acute care

Occupational therapy practitioners strive to provide the highest quality healthcare to their patients, regardless of setting. There are often multiple barriers to providing optimal care, such as medical complications and insurance restrictions. In the acute care setting, occupational therapy practitioners have the task of meeting the needs of a wide range of patient populations while also managing barriers such as length of stay, patient volume, medical acuity, scheduling around tests, varying staff experience and socioeconomic barriers. This presentation provides an in-depth guideline for triaging patients in the hospital environment to ensure the right patients are seen at the right time.

Learning Objectives: At the end of this presentation, participants will be able to:

1. Understand complexities involved in prioritizing a wide variety of patients in the acute care setting.
2. Develop awareness of effective protocols to triage patients in a timely and standardized way.
3. Identify effective strategies to optimize and carryover protocols.

Educational Level of Presentation:
Introductory

11:00 a.m. – 11:30 a.m.
Exhibits

SESSION B

11:30 – 1:00

Session IB:

Become a Dementia Friend

Presenter: Daria Rabkin, OT, MS, OTR, CDP; Brightview Concord River; Mike Belleville, Dementia Friends Champion

Dementia Friends is a global movement that is changing the way people think, act, and talk about dementia. Developed by the Alzheimer's Society in the United Kingdom, the Dementia Friends initiative is underway in Massachusetts. By helping everyone in a community understand what dementia is and how it affects people, each of us can make a difference for people touched by dementia. To become a Dementia Friend, you participate in a one-hour Dementia Friends Information Session offered by a Dementia Friends Champion. You will learn five key messages about dementia and a bit about what it's like to live with dementia. As a Dementia Friend, you turn your new understanding of dementia into a practical action that can help someone with dementia living in your community.

Learning Objectives: At the end of this presentation, participants will:

1. State the relationship between Alzheimer's disease and dementia.
2. Understand that Alzheimer's disease is not a normal part of aging.
3. State at least two symptoms of dementia.
4. Understand that it is possible to live well with dementia.

Educational Level of Presentation:

Introductory

Session IIB:

Sensory Strategies for the Clinic, Home and Community

Presenters: Alison Bean, OT/s, BS; Katie Dabdoub, OT/s, MPA; Morgan Henry, OT/s, BS, RBT; MGH Institute of Health Professions; Heather Devine, OT, OTR, Italian Home for Children; Andrea Fairman, OT, PHD, OTR, CPRP, MGH Institute of Health Professions

This presentation will share research outcomes that explore ways occupational therapy practitioners can teach about and use sensory-based strategies in multiple settings to promote self-regulation and produce functional outcomes. This presentation is designed to provide occupational therapy practitioners with evidenced based information regarding effective methods to teach others about sensory strategy implementation and if using a multisensory environment before structured activities could promote self-regulation and occupational performance.

Learning Objectives: At the end of this presentation, participants will be able to:

1. Understand how sensory processing disorders may impact function and identify therapeutic approaches which may be described as using a sensorimotor (sensory motor) approach.
2. Identify potential sensorimotor interventions to use in multiple settings which may improve behavior, promote self-regulation, and function across the lifespan.
3. Describe the most effective methods to teach caregivers, students, and staff sensory strategies to support individuals with sensory needs.

Educational Level of Presentation:

Intermediate

Session IIIB:

Restorative Strategies: Improve Client Outcomes, Decrease Practitioner Burnout

Presenter: Lynn Festa OT, OTR, CHT, CDWF; Owner, Health Professional Coaching, LLC

This workshop will use the foundational principles of Occupational Therapy to demonstrate how a therapeutic relationship using a holistic strength-based approach can lead to improved client outcomes and clinician satisfaction and performance. This will be an interactive workshop, with evidence-based tools and strategies, and is geared towards occupational therapy practitioners looking to re-energize themselves as clinicians, handle difficult patients, and better manage the stress that comes with today's healthcare environment.

Learning Objectives: At the end of this presentation, participants will be able to:

1. Discuss the latest evidence-based studies from the field of positive psychology and their relevance to optimizing patient outcomes.
2. Define the attributes of empathy and compassion and their application to therapeutic relationships with clients in the OT setting.
3. Understand how to apply evidence-based tools and strategies designed to improve clinician wellbeing at work and beyond.

Educational Level of Presentation:

Student, Introductory, Intermediate

SIG Spring Conference 2018 Exhibitors

LPA Medical, Inc.

MassMATCH

Perkins Library

Registration fees:

OT or OTA

MAOT Member \$85.00

Nonmember: \$100.00

Students

Student MAOT member: \$55.00

Student nonmember: \$70.00

Register at www.maot.org or
call 781 647 5556

*Remember to turn in your
Contact Hour Sheet after
Session B with the appropriate
stamps and information. Contact
Hour Certificates will be emailed
out in approximately 30 days*